# VA Stars & Stripes Healthcare Network 2005 Annual Report

Dear Friends of the VA Stars & Stripes Healthcare Network:

On behalf of the employees of the VA Stars & Stripes Healthcare Network (VISN 4), I am pleased to provide you with a copy of our FY 2005 Annual Report.

During FY 2005, VA Stars & Stripes Healthcare Network facilities treated over 300,000 patients. Once again, this topped the previous year's numbers. What was particularly satisfying was this increase occurred even as our overall patient satisfaction scores continued to remain higher than VA's national average. The vast majority of VISN 4's patients rated our facilities' overall quality of inpatient and outpatient care as very good or excellent, which is at a rate that consistently exceeds the national averages.

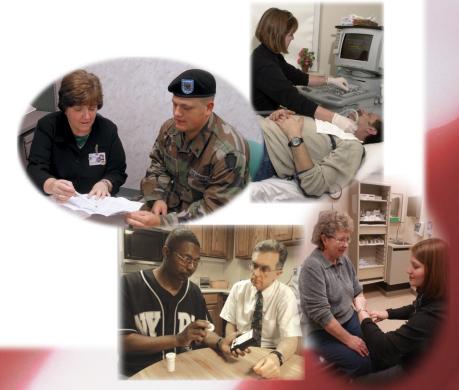
I am very proud that we expanded our communications about VISN 4's programs and services to our patients and stakeholders. Through our patient newsletter, *Veterans First*, the VISN 4 Web site, meetings, and various printed materials, we disseminated information about a wide range of topics, such as our research and volunteer transportation programs and the benefits available to homeless veterans or returning service members.

In FY 2005, we made great strides in our other areas of emphasis as well. For example, working closely with our academic affiliates, VISN 4's research and education programs continued to grow. In addition, over 150 Network employees volunteered and were deployed to assist veterans and non-veterans affected by the wrath of Hurricanes Katrina, Rita, and Wilma.

I thank our employees, volunteers, and community partners for your ongoing commitment to helping us fulfill all of VISN 4's vital missions.

Charleen R. Szabo, FACHE Network Director





#### Workload & Financial Report **FY 2005 FY 2003 FY 2004 Unique Patients** 284,441 295,842 302,140 Costs/Patient<sup>1</sup> \$4,122 \$4,297 \$4,487 **Outpatient Visits** 2,325,419 2,516,045 2,593,487 **Pharmacy Costs** \$224,189,220 \$251,786,391 \$261,250,260 Pharmacy Costs/Patient \$881 \$788 \$851 MCCR Collections<sup>2</sup> \$84,239,931 \$95,920,151 \$100,397,654

\$44,151,000

**Prosthetics Funding** 

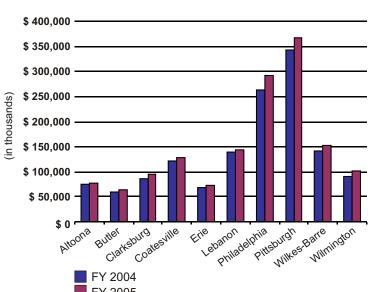
# Medical Care Obligations - \$1,504,105,000

\$50,404,500

(Note: Obligations are funds committed on the date an order is placed to pay for supplies or services to be received.)

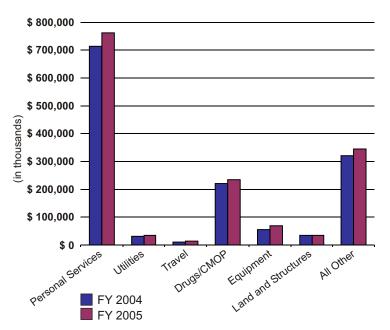


# FY 2004 - \$1,387,310,000 FY 2005 - \$1,493,925,000



#### Medical Care Obligations by Expense Category

\$51,754,584



## Health Care and Customer Service Improvements

**Community-Based Outpatient Clinics (CBOCs):** Four new CBOCs were opened this year – in the Pennsylvania counties of Fayette, Northampton, Venango, and Warren – giving us 47 overall.

**Care Coordination Program:** After an extensive review, our Care Coordination/Home Telehealth (CCHT) program was awarded "*full program*" status by VA's Office of Care Coordination. Several components of the program were cited as "best practices" to be shared across VA. At year's end, there were 281 patients enrolled in our CCHT program, which provides home-based monitoring equipment and clinical support to patients with high-risk, chronic illnesses. We will continue to expand the program, with an FY 2006 target enrollment of 1000.

<sup>1.</sup> Excludes costs for capital spending. 2. MCCR: Medical Care Cost Recovery

#### 2005 Patient Satisfaction Survey

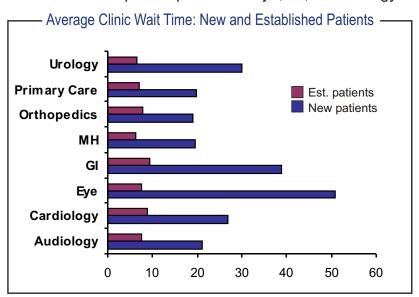
	National	VISN 4
Inpatient Overall Quality (Very good, Excellent)	77	79
Outpatient Satisfaction (Very good, Excellent)	77	82
Provider Wait Time (20 minutes or less)	73	80
Appointment when wante (Established Patient)	d 85	92
Appointment when wanter (New Patient)	d 84	92

#### Patient Safety

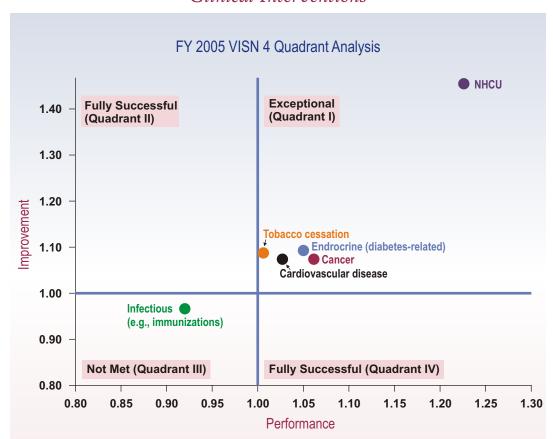
In FY 2005, all VISN 4 medical centers began collaborating with community hospitals on the Institute for Healthcare Improvement's "100,000 Lives Campaign." This initiative is designed to implement changes that are proven to improve patient care and prevent avoidable deaths. This is the first national effort to promote saving a specified number of lives by a certain date. In another initiative, facility staff, patients, and visitors were educated about the importance of washing their hands via VA's "Improving Hand Hygiene" program. This initiative has been directly linked to the prevention of the spread of infectious agents in our facilities. We also continued to track and monitor our successes in preventing falls through patient and family education provided in the hospital and home settings.

#### Access

The network's average wait time is under 30 days for all clinics except new patients in eye, GI, and urology.



#### Clinical Interventions



VISN 4 achieved the "exceptional" performance level in 5 of the clinical interventions tracked during the entire FY (i.e. cancer, cardiovascular, endocrine, nursing home care unit, and tobacco). Measurement of influenza immunization remains a disease prevention priority, and initiatives to improve continue.

## Updates

Returning Service Members: VISN 4 facilities treated 2,149 returning service members (vs. 1,413 in FY 2004). Over 100 VISN 4 employees have served in support of the Global War on Terrorism.

**Research:** In FY 2005, VISN 4's research program expanded to approximately 600 active research projects. This includes projects involving Alzheimer's disease, brain injuries, diabetes, hepatitis C, Parkinson's disease, prosthetic devices for amputees, prostate cancer, post-stroke depression, and sleep apnea.

Mental Health: The network was awarded \$2.7 million to expand this program. Funding will be used to provide additional mental health care at our CBOCs, enhance PTSD and substance use disorder services, and assist homeless veterans, returning service members, and veterans who are seriously mentally ill.

# Organizational Information

VA Stars & Stripes Healthcare Network (VISN 4) is part of the Veterans Health Administration and one of 21 Veterans Integrated Service Networks (VISNs) that comprise the largest, fully integrated health care system in the United States.

Our *mission* is to honor veterans by providing exceptional health care that improves their health and well-being. Our vision is to be (1) a patientcentered, integrated health care organization for veterans providing excellence in health care, research, and education; (2) an organization where people choose to work; and (3) an active community partner and a backup for national emergencies. Our core values are trust, respect, excellence, compassion, and commitment.

VISN 4's service area includes 104 counties in Pennsylvania, West Virginia, Delaware, New Jersey, Ohio, and New York. The network is comprised of 10 medical centers, 10 long-term care facilities, 3 domiciliaries, 47 community-based outpatient clinics, and 5 major research An estimated 1.4 million centers. veterans live in our defined service area. In FY 2005, approximately 19% of the veterans living within the network received care at our facilities.

#### VA Stars & Stripes Healthcare Network

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